

# Are You Tired and Stressed?

## *Do you feel your neck and lower back are tight?*

In today's stressful world, it is hard to relax. At Monica's Massage of Schaumburg, it is hard not to!! For those seeking rest and relaxation and who isn't) Monica's Massage & Spa offers professional massages, facials and waxing services that will smooth away that stress and exhaustion. Whether you are a first time client or a regular, the prices at Monica's are more than competitive.

Monica Guaramadze, who trained in both Europe and the US, owns Monica's Massage. Along with another massage therapist from Europe, they make a great team that offers an experienced massage designed to be therapeutic and healing. "After coming to us, everyone feels better! We offer a beautiful warm and inviting office site, people oriented customer service and most important, a great, personalized massage session for each of you!

Monica's also offers a variety of massage approaches, using either the chair or table massage



equipment. Also you can choose Deep Tissue, Therapeutic Combination, Swedish, Aromatherapy Massage as well as Hot Stone, pregnancy and Reflexology sessions. **Our specific goal is to heal chronic muscle pain and discomfort, and to help treat sports injuries as well.**

For special occasions Monica's offers couple

massage sessions, where you can share a relaxing experience with your loved one.

Need younger and happier looking skin? Come and let us use one of our special treatments, we use only top quality professional products from Paris. Experience a difference!

**Call Monica's** at least 1 hour in advance to make an appointment **847-845-1040**. Business hours are Mon-Fri 10-8pm, Sat. 10-6pm Sun. by appointment only. Remember with us you really can live with "less stress, feel better and live longer."

Monica's Massage  
652 South Roselle Road  
Schaumburg  
[www.monicasmassage.com](http://www.monicasmassage.com).

**60 Minute Massage**  
of your choice  
**49<sup>99</sup>**

Walk-ins Welcome. Valid thru 11/30/09.